



WSC Summer Open Meet 2026

Under Swim England Regulations and Technical Rules

(Affiliated to West Midland Region ASA & Worcester County SA)

Upper Cut Off Times: Age on Day

(Swimmers who have achieved a faster time, either short course or long course converted, than shown below are not eligible to enter that event.)

| Open 16/u | Open 16+ | Event (25m) | Women 16+ | Girls 16/u |
|-----------|----------|-------------------|-----------|------------|
| 24.80 | 23.20 | 50m Freestyle | 26.30 | 27.30 |
| 52.90 | 51.50 | 100m Freestyle | 58.00 | 59.40 |
| 1:58.10 | 1:54.10 | 200m Freestyle | 2:04.10 | 2:09.20 |
| 31.70 | 30.50 | 50m Breaststroke | 34.60 | 34.80 |
| 1:08.90 | 1:06.00 | 100m Breaststroke | 1:10.10 | 1:14.00 |
| 2:26.70 | 2:25.70 | 200m Breaststroke | 2:41.20 | 2:41.70 |
| 27.00 | 26.00 | 50m Butterfly | 29.30 | 29.40 |
| 58.50 | 57.00 | 100m Butterfly | 1:05.30 | 1:05.70 |
| 2:17.30 | 2:12.20 | 200m Butterfly | 2:23.60 | 2:27.20 |
| 28.10 | 27.00 | 50m Backstroke | 30.70 | 30.80 |
| 1:00.00 | 58.90 | 100m Backstroke | 1:04.00 | 1:04.90 |
| 2:12.70 | 2:10.20 | 200m Backstroke | 2:22.80 | 2:23.10 |
| 59.50 | 58.50 | 100m Ind. Medley | 1:07.00 | 1:07.90 |
| 2:10.00 | 2:08.50 | 200m Ind. Medley | 2:22.00 | 2:23.50 |