



Pershore and Worcester Regional Qualifier 2026



Friday 6th to Sunday 8th March 2026

PROGRAMME OF EVENTS

Friday	
Session 1: Warm Up 18:30 Start 19:15; Finish approx. 21:00	
No	Event
101	Male/Open 400m Freestyle HDW
102	Girls 400m Freestyle HDW
103	Male/Open 400m Individual Medley HDW
104	Girls 400m Individual Medley HDW

Saturday	
Session 2: Warm Up 13:00; Start 14:00; Finish approx. 17:30	
201	Girls 200m Individual Medley HDW
202	Male/Open 200m Backstroke HDW
203	Girls 50m Backstroke HDW
204	Male/Open 50m Breaststroke HDW
205	Girls 100m Freestyle HDW
206	Male/Open 100m Individual Medley HDW
207	Girls 50m Butterfly HDW
208	Male/Open 200m Butterfly HDW
Session 3: Warm Up 17:30: Start 18:30 Finish approx 21.00	
301	Girls 200m Freestyle HDW
302	Male/Open 200m Breaststroke HDW
303	Girls 100m Breaststroke HDW
304	Male/Open 50m Freestyle HDW
305	Girls 100m Backstroke HDW
306	Male/Open 100m Butterfly HDW

Sunday	
Session 4: Warm Up 12:30 Start 13:30 Finish approx. 16:30	
401	Male/Open 200m Individual Medley HDW
402	Girls 200m Backstroke HDW
403	Male/Open 50m Backstroke HDW
404	Girls 50m Breaststroke HDW
405	Male/Open 100m Freestyle HDW
406	Girls 100m Individual Medley HDW
407	Male/Open 50m Butterfly HDW
408	Girls 200m Butterfly HDW
Session 5: Warm Up 17:00; Start 18:00; Finish approx. 20:30	
501	Male/Open 200m Freestyle HDW
502	Girls 200m Breaststroke HDW
503	Male/Open 100m Breaststroke HDW
504	Girls 50m Freestyle HDW
505	Male/Open 100m Backstroke HDW
506	Girls 100m Butterfly HDW