



WSC AUTUMN OPEN MEET 2024



Friday 4th to Sunday 6th October 2024

Under Swim England Regulations and Technical Rules

(Affiliated to West Midland Region ASA & Worcester County SA)

PROGRAMME OF EVENTS

Friday 4th October 2024	
Session 1: Warm Up 18:30 Start 19:15	
No	Event
101	Open 400m Individual Medley HDW
102	Girls 400m Individual Medley HDW
103	Open 400m Freestyle HDW
104	Girls 400m Freestyle HDW

Saturday 5th October 2024	
Session 2: Warm Up 08:00; Start 09:00; Finish approx. 12:30	
201	Open 200m Individual Medley HDW
202	Girls 200m Individual Medley HDW
203	Open 50m Breaststroke HDW
204	Girls 50m Butterfly HDW
205	Open 100m Freestyle HDW
206	Girls 100m Backstroke HDW
***	Girls & Open SKINS
Session 3: Warm Up 13:00; Start 14:00; Finish approx. 17:00	
301	Open 200m Breaststroke HDW
302	Girls 200m Freestyle HDW
303	Open 100m Backstroke HDW
304	Girls Open 50m Backstroke HDW
305	Open 100m Butterfly HDW
306	Girls Open 100m Breaststroke HDW
307	Open 100m Individual Medley HDW

Sunday 6th October 2024

Session 4: Warm Up 08:00; Start 09:00; Finish 12:00 approx.

401	Girls 200m Backstroke HDW
402	Open 200m Backstroke HDW
403	Girls Open 50m Breaststroke HDW
404	Open 50m Freestyle HDW
405	Girls 100m Freestyle HDW
406	Open 50m Butterfly HDW
407	Girls 200m Butterfly HDW
408	Open 200m Butterfly HDW

Session 5: Warm Up 13:00; Start 14:00; Finish 17:00 approx.

501	Girls 200m Breaststroke HDW
502	Open 200m Freestyle HDW
503	Girls 50m Freestyle HDW
504	Open 50m Backstroke HDW
505	Girls 100m Butterfly HDW
506	Open 100m Breaststroke HDW
507	Girls 100m Individual Medley HDW