

Worcester Swimming Club
Age Group Club Championships 2023

DATE	EVENTS
Friday 13 th October 2023 Session 1: Warm-up 6.15pm Start 6.45pm Finish 9.15pm	101 - Open/Male 200m Butterfly HDW 102 - Girls 400m Freestyle HDW 103 - Open/Male 400m Individual Medley HDW
Sunday 15 th October 2023 Session 2: Warm Up 2.45pm Start 3.30pm Finish 6.45pm	201 – Girls 100m Individual Medley HDW 202 – Open/Male 800m Freestyle HDW 203 – Girls 800m Freestyle HDW
Saturday 21 st October 2023 Session 3: Warm-up 6pm Start 6.45pm Finish 9.30pm	301 Girls 200m Backstroke HDW 302 Open/Male 200m Backstroke HDW 303 Girls 50m Breaststroke HDW 304 Open/Male 50m Breaststroke HDW 305 Girls 100m Freestyle HDW 306 Open/Male 100m Freestyle HDW
Friday 10 th November 2023 Session 4: Warm-up 6.15pm Start 6.45pm Finish 9.15pm	401 Girls 200m Butterfly HDW 402 Open/Male 400m Freestyle HDW 403 Girls 400m Individual Medley HDW

<p>Sunday 12th November 2023</p> <p>Session 5: Warm-Up 2.45pm Start 3.30pm Finish 6.45pm</p>	<p>501 Open/Male 100m Individual Medley HDW</p> <p>502 Girls 1500m Freestyle HDW</p> <p>503 Open/Male 1500m Freestyle</p>
<p>Saturday 25th November 2023</p> <p>Session 6: Warm-up 6pm Start 6.45pm Finish 9.30pm</p>	<p>601 Girls 200m Breaststroke HDW</p> <p>602 Open/Male 200m Breaststroke HDW</p> <p>603 Girls 50m Freestyle HDW</p> <p>604 Open/Male 50m Freestyle HDW</p> <p>605 Girls 100m Butterfly HDW</p> <p>606 Open/Male 100m Butterfly HDW</p> <p>8/u 25m events</p>
<p>Sunday 26th November 2022</p> <p>Session 7: Warm-up 2.45pm Start 3.30pm Finish 6.45pm</p>	<p>701 Girls 200m Freestyle HDW</p> <p>702 Open/Male 200m Freestyle HDW</p> <p>703 Girls 50m Butterfly HDW</p> <p>704 Open/Male 50m Butterfly HDW</p> <p>705 Girls 100m Backstroke HDW</p> <p>706 Open/Male 100m Backstroke HDW</p>
<p>Sunday 10th December 2022</p> <p>Session 8: Warm-up 2.45pm Start 3.30pm Finish 6.45pm</p>	<p>801 - Girls 200m Individual Medley HDW</p> <p>802– Open/Male 200m Individual Medley HDW</p> <p>803 - Girls 50m Backstroke HDW</p> <p>804 - Open/Male 50m Backstroke HDW</p> <p>805 – Girls 100m Breaststroke HDW</p> <p>806 - Open/Male 100m Breaststroke HDW</p>

Information then email club.champs@worcestersc.co.uk