

YOUNG VOLUNTEER'S PROGRAMME
2017/18

The West Midlands Young Volunteer's Programme is open to any Swim England club member from within the West Midlands aged 14 – 16 years on day of course.

There are a total of 32 places available on the programme; with 8 places available per county. Once all 8 places are filled for your county your name will be added to a waiting list. If 8 places are not filled by a county you will be then be added to the programme. All participants will be notified by Monday 14th August 2017.

The cost per young volunteer is £25, payable by BACS transfer or cheque following confirmation of your place on the programme.

The project will give you the skills, experience and qualification to help volunteer at your club. Volunteering is a really great way of giving something back to your club, but it also gives you valuable life skills in preparation for adulthood.

This year's courses will include:

- **First Steps into Coaching** – This course is designed to help you understand the different roles within coaching. It covers the knowledge, skills and qualities that are required to take your first steps into coaching.
- **Timekeeper Course** - This is an introduction into the world of the swimming official. It covers the practical aspects of what is required of a timekeeper by means of a short theory session followed by a practical assessment.
- **Aquatic Helper Course** – This course is designed for people who wish to actively assist on poolside in any aquatic environment e.g. clubs or learn to swim schemes.
- **Core Skills First Aid** – This course is designed to ensure volunteers are equipped with the vital life-saving skills to be the difference in a first aid emergency e.g Recovery position, asthma, choking.

The dates and venues for the courses are as follows:

	First Steps into Coaching	Aquatic Helper Course	Timekeeping Course	Core Skills First Aid Course
Venue	RLSS Worcester	RLSS Worcester	RLSS Worcester	RLSS Worcester
Date	Saturday 7 th October 2017	Saturday 7 th October 2017	Sunday 15 th October 2017	Saturday 7 th October 2017
Time	10:30am – 12:30pm	1pm – 4pm	1:30pm – 3pm	1pm – 4pm
Date		Sunday 15 th October 2017		Sunday 15 th October 2017
Time		10am – 1pm		10am – 1pm

You are required to attend both dates and all four courses above, to complete at least 10 hours volunteering at your club, and to attend and help at a County and/or regional event. You will be given a log book for completion when attending the course.

To book your place on the programme please complete the application form and return to the address below by the closing date of **Friday 28th July 2017**.



WEST MIDLANDS



YOUNG VOLUNTEER'S PROGRAMME

2017/18

Application form

Name.....

Club

Address.....

.....

Postcode Date of Birth

Email

Telephone.....

Do you have any special needs / disability?

.....
.....
.....

T-Shirt Size (please tick): Small [] Medium [] Large []

Signed..... Date

Parent's/ Carer's signature confirming consent to attend the project

Email for future correspondence.....

NB Your confirmation on to the programme will be sent by email.

Emergency contact no.....

Please return by Friday 28th July 2017 to:

Swim England West Midlands, Unit 7 Basepoint Business Centre, Isidore Road, Bromsgrove Enterprise Park, Bromsgrove, Worcs B60 3ET or email to westmidland@swimming.org